

**Saint Meinrad Archabbey Two Week Distribution of the Psalms  
(Greek Numbering in Parenthesis)**

	Vespers: Week I	Vespers: Week II
<b>Saturday</b>	145 (144), 146 (145), Philippians Canticle	147A (146), 147B (147), Philippians Canticle
<b>Sunday</b>	110 (109), 111 (110), 112 (111), Week I Revelation Canticle	110 (109), 112 (111), 113 (112), NT Week II Revelation Canticle
<b>Monday</b>	8, 9 (9A), 10 (9B)	114 (113A), 115 (113B), 116A (114), 116B (115+116)
<b>Tuesday</b>	30 (29), 33 (32), 34 (33)	129 (128), 130 (129), 131 (130), 132 (131)
<b>Wednesday</b>	62 (61), 64 (63), 65 (64)	133 (132), 135 (134), 136 (135), 137 (136)
<b>Thursday</b>	81 (80), 85 (84), 86 (85)	138 (137), 139 (138), 140 (139)
<b>Friday</b>	102 (101), 103 (102)	141 (140), 142 (141), 144 (143)

- Most Bibles use the numbering NOT in parenthesis. We at the monastery use the numbers in parenthesis which is Greek numbering. You will most likely use the numbers NOT in parenthesis.
- The **Canticle of the Blessed Virgin Mary** below is used at Vespers. The **Philippians** and **Revelations Canticles** below are used on Saturday and Sunday, respectively.

**Canticle of the Blessed Virgin Mary**

<sup>46b</sup> My ✠ sóul mágnifies the Lórd,  
<sup>47</sup> and my spírit rejóices in God, my sáviór

<sup>48</sup> All péople now will cáll me bléssed,  
for he has lóved the lówliness of his hándmaid.

<sup>49</sup> The Almíghty has shówn me great fávor,  
hóly is his náme.

<sup>50</sup> His mércy exténds through generátions,  
tóward thóse who revére him.

<sup>51</sup> He has revéaled his árm in pówer,  
scattering the próud in their ówn concéit.

<sup>52</sup> Hé has dethróned the pówerful,  
and lífted úp the lówly.

<sup>53</sup> The fámişed have been fílléd with his bóunty,  
the rích have been sént away émpy.

<sup>54</sup> He has álways helped Ísraél, his sérvant,  
trúe to his lóving kíndness,

<sup>55</sup> júst as he prómised our fáthers,  
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són  
and the Hóly Spírit.  
As álways befóre,  
so nów and evermóre. Amén! Ω

**Week starting:**

5 September: Week I  
12 September: Week II  
19 September: Week I  
26 September: Week II  
3 October: Week I  
10 October: Week II  
17 October: Week I  
24 October: Week II  
31 October: Week I  
7 November: Week II  
14 November: Week I  
21 November: Week II

\*\*28 November: Begin Advent (Stay tuned for the Psalm order for Vespers for the Advent Season)

### **Philippians Canticle**

**Ant.** Christ died for our sins \* and rose that we might live

**V.** Though he was in the form of God,  
Jesus did not grasp at equality with God.

**R.** Lord Jesus!

**V.** He emptied himself, taking the form of a servant,  
being born in the likeness of men.

**R.** Lord Jesus!

**V.** And being found in human form,  
he humbled himself,  
and became obedient unto death,  
even death on a cross.

**R.** Lord Jesus!

**V.** Therefore God has highly exalted him  
and bestowed on him the name  
that is above every name.

**R.** Lord Jesus!

**V.** That at the name of Jesus every knee should bow,  
in heaven and on earth and under the earth.

**R.** Lord Jesus!

**V.** And every tongue confess that Jesus Christ is Lord,  
to the glory of God the Father.

**R.** Jesus Christ is Lord, to the glory of God the Father!

Glory to the Father and the Son  
and the Holy Spirit,  
as always before,  
so now and evermore. Amen.

*The antiphon is repeated.*

### **Week I Revelation Canticle**

**Ant.** Alleluia, alleluia, alleluia!

**V.** Salvation and Glory and power  
belong to our God.  
His judgments are true and just.

**R.** Alleluia, alleluia!

**V.** Praise our God, all you his servants.  
Those holding him in fear, small and great.

**R.** Alleluia, alleluia, alleluia!

**V.** The Lord our God, the Almighty reigns.  
Let us rejoice and exult, giving him the glory!

Glory to the Father and the Son  
and the Holy Spirit,  
as always before,  
so now and evermore. Amen.

*The antiphon is repeated.*

### **Week II Revelation Canticle**

**Ant.** Alleluia, alleluia, alleluia!

**V.** Salvation and Glory and power  
belong to our God.  
His judgments are true and just.

**R.** Alleluia, alleluia!

**V.** The marriage of the Lamb has come.  
And his bride has made herself ready.

**R.** Alleluia, alleluia, alleluia!

**V.** She has been given for her clothing.  
Fine linen, glistening and pure!

Glory to the Father and the Son  
and the Holy Spirit,  
as always before,  
so now and evermore. Amen.

*The antiphon is repeated.*