

**Saint Meinrad Archabbey Two Week Distribution of the Psalms
(Greek Numbering in Parenthesis)**

	Vespers: Week I	Vespers: Week II
Saturday	145 (144), 146 (145), Ephesians 1:3-10	147A (146), 147B (147), Ephesians 1:3-10
Sunday	110 (109), 111 (110), 112 (111), Colossians 1:12-20	110 (109), 112 (111), 113 (112), Colossians 1:12-20
Monday	8, 9 (9A), 10 (9B)	114 (113A), 115 (113B), 116A (114), 116B (115+116)
Tuesday	30 (29), 33 (32), 34 (33)	129 (128), 130 (129), 131 (130), 132 (131)
Wednesday	62 (61), 64 (63), 65 (64)	133 (132), 135 (134), 136 (135), 137 (136)
Thursday	81 (80), 85 (84), 86 (85)	138 (137), 139 (138), 140 (139)
Friday	102 (101), 103 (102)	141 (140), 142 (141), 144 (143)

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Most Bibles use the numbering NOT in parenthesis. We at the monastery use the numbers in parenthesis which is Greek numbering. You will most likely use the numbers NOT in parenthesis.

- The **Canticle of the Blessed Virgin Mary** below is used at Vespers. The **Philippians** and **Revelations Canticles** below are used on Saturday and Sunday, respectively.

Canticle of the Blessed Virgin Mary

^{46b} My ✠ sóul mágnifies the Lórd,
⁴⁷ and my spírit rejóices in God, my sávior

⁴⁸ All péople now will cáll me bléssed,
for he has lóved the lówliness of his hándmaid.

⁴⁹ The Almíghty has shówn me great fávor,
hóly is his náme.

⁵⁰ His mércy exténds through generátions,
tóward thóse who revére him.

⁵¹ He has reveáled his árm in pówer,
scattering the próud in their ówn concéit.

⁵² Hé has dethróned the pówerful,
and lífted úp the lówly.

⁵³ The fámeshed have been fílléd with his bóunty,
the rích have been sént away émpy.

⁵⁴ He has álwáys helped Ísrael, his sérvant,
trúe to his lóving kíndness,

⁵⁵ júst as he prómised our fáthers,
to Ábraham and his descéndants for éver.

Glóry to the Fáther and the Són
and the Hóly Spírit.
As álwáys befóre,
so nów and evermóre. Amén! Ω

Advent Psalms – Week Starting:

28 November: Week I
5 December: Week II
12 December: Week I
19 December: Week II

